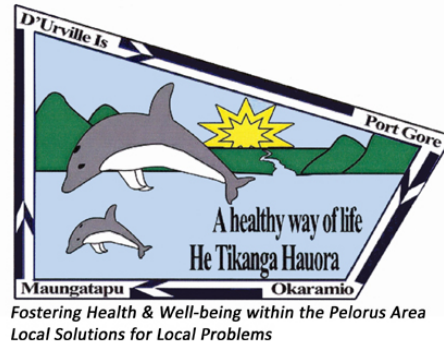


Pelorus Area Health Trust



News from PAHT

We still urgently need volunteers at the Havelock Charity Shop over the summer period. Even just a few hours once a week would be helpful to us. Support your community's health while working with a great bunch of people in a fun environment.

The Charity Shop has been donated some amazing **antiques and collectibles**. Come and grab some unique Christmas presents at amazing prices

News from Havelock Medical Centre

Christmas Hours – The Havelock Medical Centre will be closed from December the 23rd until January the 5th.

Patient Portal – Springlands Medical Centre (and therefore Havelock Medical Centre) now has 1500 patients signed up to the national patient portal system- Health 365. If you haven't yet, you should think about it as you can now manage your health online. With this service you can:

- *Make appointments with your GP or nurse
- *Access your medical records
- *Access the consultation notes your doctor makes
- *Order repeat prescriptions
- *Track your lab/test results
- *Get a list of scheduled events, e.g. due dates for checkups, follow up care etc

To sign up, grab an enrolment form from Havelock Medical Centre or the Havelock Charity Shop. Fill it in and bring it to the medical centre. Note: If you only have one email address for a couple, you will need to sign confidentiality agreements. It is better to have separate email addresses.

Visit our website for more information

www.pelorusareahealthtrust.co.nz